



Book Review

BRIDGE MATTER AND SPIRIT WITH DOWSING: A practical guide to using dowsing to bring balance to your life

by Susan Collins, published by Puka Ha/Golden Crow; June 2006

In *Bridge Matter and Spirit with Dowsing*, Susan Collins puts to rest forever the

notion that dowsing is simply a method to find underground water. Dowsing is Energy. It requires a dowser's physical, mental, emotional, and spiritual faculties to detect and transform energy. It is a way of discovering who we are, our purpose in life, and opens up communication with the divine.

The book begins with biblical references and statements by Christian religious leaders who support responsible dowsing. We learn how to choose suitable dowsing tools, align with benevolent cosmic forces, enhance situations in daily life, and improve the environment.

Dowsing has hundreds of applications which Collins shares from her practice. Clients ask for help with health problems, locating lost objects, and greater dowsing accuracy.

Challenged by time and information overload, accurate dowsing can separate truth from fiction and reduce our confusion with the help of a pendulum. This reviewer uses one to choose GMO-free produce with the highest energy and nutrition, select or discard items when packing for wilderness camping trips, and to copy edit long manuscripts.

Beginners will learn much from this book, and seasoned practitioners may still gain useful tips. Newcomers to the field will find their horizons widened in remarkable ways.

Collins' understanding of human nature makes her a gifted teacher. She shows us how to connect with the dowsing system and emphasize ethics and responsible dowsing. Key ingredients in energy work are focus, concentration, and intent. The goal is to achieve the best and highest good for all creation as appropriate. Learning to ask the right questions, properly worded, achieves the best results.

We cannot abuse the Earth without harming ourselves, so the author shows us how to work with Earth energies. Healing land or loved ones has to do with the emerging field of vibrational medicine. Collins also writes of map dowsing and remote healing which is closely related to prayer.

Susan Collins has impressive credentials. Her research taps sources ranging from the Vatican library to the Kalachakra teachings she attended during the HH Dalai Lama's visit to Toronto in 2004. Her diverse background has enriched the Canadian Society of Dowsters while her practice encompasses the greater Toronto area and beyond.

Bridging Matter and Spirit with Dowsing is available directly from Puka Ha/Golden Crow, publisher, 335 Patricia Drive, King City, Ontario L7B 1H4, or go to susanjcollins@rogers.com. See www.dowser.ca



Review by Gerry Shepherd