

Table of Contents

- Foreword ... 8**
- 1. Introduction ... 11**
 - How I got Involved with Orbs ...12
- 2. What is an Orb? ...15**
 - Are we generating Orbs? ... 16
 - Everything has consciousness ... 17
 - Encountering Non-human Beings ... 18
 - Spirit Groups ... 19
 - Angels, Aliens and Spirit Guides ... 20
 - Orbs and crop circles ... 20
- 3. Orb Structures ... 23**
 - Colours ... 24
 - Patterns ... 25
 - Circular Orbs... 28
 - Circles, Prana, Eyes*
 - Hexagonal ...30
 - Shape Shifting ... 30
 - Bugs, Plasma, Humanoid*
 - Self-illuminating ... 33
 - Bright spheres*
 - Energy streams ... 34
 - Squiggles, Cascades, Tubes*
 - Temporal Distortions ... 39
 - Light projection, Dimensional shifts*
- 4. Where to find Orb Energy ... 43**
 - Orbs with people and events ... 43
 - Orbs as lingering Spirits ... 46
 - Orbs and monuments ... 47
 - Orbs in nature ... 48
- 5. Create Psychic Protection ... 50**
 - The need for psychic protection ... 50
 - “Become love” ... 51
 - Communicate through your Guides ... 51
 - Stay conscious ... 52
 - Belief systems for psychic protection ...52
 - Physical objects to help create protection ... 53
 - Resonance ... 53
 - Orbs’ personal space ... 54

- 6. **Learn to Dowse ... 55**
 - How to Dowse with a Pendulum ... 56
 - Disconnect and maximize energies ... 57
 - Susan Collins' Dowsing Protocol ... 58
 - Practice dowsing questions ... 61
 - Self-healing with dowsing ... 61
 - Check your dowsing accuracy ... 62
 - Interview with an Orb ... 63

- 7. **Orb Photography ... 65**
 - Inviting Orbs to be photographed ... 65
 - Working with digital cameras...66
 - Setting camera resolution ... 66
 - Automatic exposures, "Night" setting*
 - Camera Types ... 69
 - Setting up the photo shoot ... 71
 - Sound, "Sparklies", Daylight, Printing*
 - Photography Summary ... 74

- 8. **Conclusion ... 75**

About the Author ... 76

Colour Plates

- 1. Circular Orbs
- 2. Orbs in snow; hexagonal Orbs
- 3. Self-illuminating Orbs
- 4. Energy cascades
- 5. Plasma and Tube energy stream
- 6. Energy streams
- 7. Light projection
- 8. Dimensional shift

Q&A: Frequently asked questions

- 1. Do Orbs have emotions? ... 17
- 2. Are Orbs affecting us? ... 19
- 3. Are Orbs friendly? ... 20
- 4. Are Orbs trying to communicate? ... 22
- 5. How do I summon Orbs ... 22
- 6. Why are there different Orbs? ... 23
- 7. What do Orb colours mean? ... 25
- 8. Can you recognize Orbs? ... 25
- 9. Why do Orbs create formations? ... 27
- 10. What is the mist in the photo? ...32

11. Can Orbs be seen in the day? ... 34
12. Orbs and ghosts ... 45
13. Why are there Orbs on animals? ... 49
14. When do I use the Dowsing Protocol? ...57
15. Do I need luck to photograph Orbs? ... 65
16. Which camera works best? ... 69
17. Why don't I always get Orb photos? ... 71

Thanks to Marianne B for the questions.

Photo credits

Many photos in this book appear to be blurry. Please remember these are photographs of energies that are invisible to the eye and that it is remarkable that we can take ANY picture of them.

All photos by Susan Collins except as indicated.

Photos used with permission of:

Nancy Winter-Hay Colour Plate (CP 1); Harry Dahme CP 2; Mikael Koch p14, CP 4; Glee S. CP 5; Lesley J. Lavery CP 8; Harrison Dahme p21; Cami Quail p39; Tasha Crandall p44
Grahame Gardner p48.

Back cover: B.J. Mosher, Susan drumming